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Bolton Council

Behaviour Support Service
Children's Services
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Dear Parent/Carer

Triple P Group Programme – Positive Parenting Programme

We will be running the Triple P Group Positive Parenting Programme at Ladybridge High School. Triple P is aimed at all parents/carers and looks at a number of different aspects of effective parenting and helps to equip parents/carers with a number of tools and strategies to use with their children that promote positive behaviour. The Group Programme will run over 5 weeks and will consist of one two hour session each week. Please note there is a maximum number of 12 places on the Programme.

If you are interested in joining a Triple P Group, I would ask that you attend an informal information session on **Wednesday, 2nd December, 5pm until 6pm**, held at Ladybridge High School. Please contact Janine Baillie-Eames, Senior Pastoral Lead, at the School to register onto one of the sessions.

The aim of the initial session is to provide more in depth information around what the course looks at and strategies we can use as parents to promote positive behaviour and also help manage difficult behaviour. Triple P was used on the ITV programme 'Driving Mum & Dad Mad' a number of years ago, which some people may have seen.

If you have any queries regarding the Triple P Programme or require any further information, please contact me on the number given above.

Yours faithfully

David Rimmer

Behaviour Support Service
Direct Line: 01204 338133

Director of Children's Services **Paul Najsarek**

