

Who Are We?



We are a group of students from different years in school. Our role is to ensure the health and well-being of our fellow students.

We are also available for Anti-bullying advice as we have all had Anti-bullying training.

Your Health and Anti-bullying Ambassadors are:

Year 10: Muaz Haider and Fatima Ahmed

Year 9: Amber Boydell, Jessica Howie and Umar Ibrahim

Year 8: Kiera Dunnington and James Downs-Ford



Concerned about someone? Speak to us

Ladybridge Health Ambassadors
HABA@ladybridgehigh.co.uk

What Do We Do?

We will be situated near the Tennis Courts or in the Canteen at break and lunch. We are available for private discussion about any problems you may have. However, if the problem is major, we advise you to go to your Pastoral Lead. Furthermore, we are here to make Year 7 students feel welcome and happy in school. We have all been in their shoes and know how scary Secondary School can seem to begin with.

Finally, we understand that many people do not like to eat breakfast, therefore Breakfast Club has been set up for those who come early to school and need breakfast.



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Breakfast Club

It is proven that with great health comes academic success. To not eat breakfast is very unhealthy. By opening the Breakfast Club, we hope that many students can benefit from having breakfast and hopefully their grades will rise rapidly. Breakfast Club also gives us an opportunity to open our Bullying Workshops.

Breakfast Club will be situated at the Farm classroom and will open every Monday, Wednesday and Friday from 8:00 - 8:30am.

Anti-Bullying Workshops

In these workshops, we give advice to those who are being bullied and also educate those who come to Breakfast Club on what to do if they are being bullied or know someone who is being bullied.

We may also be opening the workshops at lunch if people do not feel happy or safe outside.